Wearing a face covering

New rules say that you should wear a face covering or face mask when you use public transport.

Public transport is any of these:

- Bus
- Train
- Ferry
- Plane

This is to stop the Coronavirus spreading to more people.

Wearing a face covering

There are some other places where you should now wear a face covering or face mask

Anywhere you cannot keep a safe distance from anyone else

This includes shops and other enclosed places.

You should also wear a face covering or face mask if you have to go to hospital for any reason.

Wearing a face covering

You do not need to wear a face covering or face mask on public transport if you are one of these people:

A child under the age of 11

Someone who has a disability or who finds it hard to breathe

Someone who is travelling with a person who needs to lip-read

Wearing a face covering

You should not remove your face covering or face mask when you are travelling.

But you can take it off to eat or drink something if you need to take medicine when you travel.

If you do not wear a face covering or face mask, you may not be allowed to travel.

You may also be asked to pay a fine.

How to wear a face covering

You should wash your hands before putting on your face covering or face mask

You should not touch your eyes, nose or mouth before you put on your face covering or face mask.

And you should not touch your face covering or face mask when you are wearing it.

How to wear a face covering

Your face covering or face mask should cover your nose and mouth and let you breathe easily
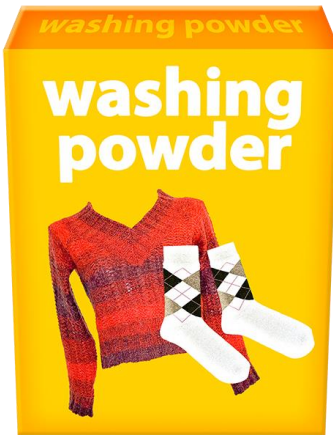

You can also wear a scarf or bandana tied behind your head

Or you could make your own, if you want to. There are lots of ways to do this.

How to wear a face covering

Make sure you wash your face covering or face mask regularly.

When you take off your face covering or face mask, you should remember to clean any surface you put it on.

And don't forget to wash your hands!

How to wear a face covering

You can buy surgical masks if you want to.

You should wear a surgical mask only once then you must throw it away safely.

Then you should wash your hands.

More information

If you want to make your own face covering, there are lots of ways to do this. You can find out more on this website:

https://www.gov.uk/government/publications/how-to-wear-and-make-a-cloth-face-covering/how-to-wear-and-make-a-cloth-face-covering

You can get lots more information about the Coronavirus here:

https://www.mencap.org.uk/advice-and-support/health/coronavirus-covid-19